

# Seattle Women's Clinic

# Bellevue Women's Clinic

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

What health problems do you want to talk about when you are seen in the clinic? \_\_\_\_\_

What prescription medications do you presently take? (List doses and frequency) \_\_\_\_\_

What non-prescription medications or supplements do you take? (Herbal or other supplements) \_\_\_\_\_

Have there been any significant changes in your health since your last visit (ie. Surgeries, hospitalizations, other?) \_\_\_\_\_

Do you use tobacco? No \_\_\_\_\_ Yes \_\_\_\_\_ If yes, how much and how often \_\_\_\_\_

Do you drink alcohol? No \_\_\_\_\_ Yes \_\_\_\_\_ If yes, how much and how often \_\_\_\_\_

### Recent GYN History:

When was the first day of your last period? \_\_\_\_\_

What is your current form of contraception? \_\_\_\_\_

What was the date of your last Pap smear? \_\_\_\_\_

What was the date of your last Mammogram? \_\_\_\_\_

Do you have any breast pain/tenderness? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have any nipple discharge? Yes \_\_\_\_\_ No \_\_\_\_\_

### Current Menstrual Cycle:

Is Your Cycle Regular? Yes \_\_\_\_\_ No \_\_\_\_\_

Flow?  Light

Moderate

Excessive

**Symptoms:** Please mark an X in the box if any of the following apply to you now or in the past or never.

- | Never                                 | Now                      | Past                     | <u>Gynecological</u>          |
|---------------------------------------|--------------------------|--------------------------|-------------------------------|
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Bleeding Between Periods      |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Unusual Discharge             |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | STD Exposure                  |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Painful Periods               |
| <u>Urinary</u>                        |                          |                          |                               |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Leaking Urine                 |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Frequent Infection            |
| <u>Head, Eyes, Ears, Nose, Throat</u> |                          |                          |                               |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Dizziness                     |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Hearing Loss                  |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Problem With Vision           |
| <u>Heart and Circulation</u>          |                          |                          |                               |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Chest Pain                    |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Frequent Irregular Heart Beat |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Ankle Swelling                |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Blood Clots                   |
| <u>Neuro</u>                          |                          |                          |                               |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Memory Loss                   |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Numbness/tingling             |
| <input type="checkbox"/>              | <input type="checkbox"/> | <input type="checkbox"/> | Headaches                     |

- | Never                    | Now                      | Past                     | <u>Stomach/Intestinal</u>    |
|--------------------------|--------------------------|--------------------------|------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Frequent Nausea/Vomiting     |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Change in Bowel Habits       |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Persistent Constipation      |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Persistent Diarrhea          |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Blood in Bowel Movements     |
| <u>Lungs</u>             |                          |                          |                              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Chronic Cough                |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Shortness of Breath          |
| <u>Musculoskeletal</u>   |                          |                          |                              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Persistent Back Pain         |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Joint pain                   |
| <u>Psychiatric</u>       |                          |                          |                              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Depression                   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Anxiety                      |
| <u>General</u>           |                          |                          |                              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Severe Fatigue               |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Unexplained Weight Gain/Loss |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Unexplained Hair loss        |

\_\_\_\_\_  
(physician signature)