

MINOR & JAMES MEDICAL



Carol A. Gilmore, MD Internal Medicine

Minor & James Medical
Bellevue Commons
1200 112th Avenue NE, Suite B250
Bellevue, WA 98004

Appointments Please Call:
(425) 462-1132



Carol A. Gilmore, MD Internal Medicine

Meet Dr. Gilmore on the Web:

[http://minorandjames.com/our_physicians/
internal_medicine/gilmore.htm](http://minorandjames.com/our_physicians/internal_medicine/gilmore.htm)

Medical Specialty/Special Interest:

- Internal Medicine
- Women's Health
- Women's Midlife Health Issues

Education:

- *Rice University*, Houston, TX, Bachelor of Arts, Biology
- *University of Texas School of Public Health*, Houston, TX, Master of Science, Epidemiology
- *University of Texas School of Medicine*, Houston, TX, Medical Doctor ~ 1983

Residency/Fellowship:

- Internship, Internal Medicine, *University of California, San Diego*, San Diego, CA
- Residency, Internal Medicine, *University of California, San Diego*, San Diego, CA

Certification/Licensure:

- American Board of Internal Medicine
- Washington State Medical License

Associations/Honors:

- Chair, Continuing Education Committee, Scripps Memorial Hospital, Encinitas, CA
- Founder, Women's Health Journal Club, Denver, CO
- Founding Member American College of Women's Health Physicians
- American College Women's Health Physicians
- North American Menopause Society
- King County Medical Society
- Washington State Medical Association

Hospital Privileges:

- Swedish Medical Center, First Hill Campus, Seattle, WA
- Overlake Hospital Medical Center, Bellevue, WA

Professional Experience:

- Internal Medicine, Minor & James Medical, Seattle, WA 2006 ~ present
- Internal Medicine, Sansum Santa Barbara Clinic, Santa Barbara, CA 2003 ~ 2006
- Clinical Practice, United States Navy, Port Hueneme, CA 1999 ~ 2003
- Private Practice, Internal Medicine, Denver, CO 1990 ~ 1999
- Chief, Section of Women's Health, Dept. of Internal Medicine Rose Medical Center, Denver, CO
- Assoc. Clinical Professor, Dept. of Medicine, *University of Colorado Health Sciences Center*, Denver, CO
- Private Practice, Internal Medicine, Encinitas, CA 1986 ~ 1990

Patient/Physician Philosophy:

I view my role as that of educator & advisor. I try to give my patients the information and guidance they need to make informed choices about their healthcare. Patients come with physical, psychological & lifestyle issues; all of which, can impact their well being. My goal is to compassionately care for each one of them as a "whole person".

Personal Interests:

Studying languages, rose gardening & traveling.

Why Minor & James Medical:

I was attracted to Minor & James Medical because of the high quality of the physicians and their practice philosophy. I'm very excited to have the opportunity to help expand our Bellevue clinic.

Visit our Web site for
address and driving directions:
www.minorandjames.com



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Directions to Bellevue Commons from I-5 North toward Bellevue:

- Merge onto I-405 N via exit (No. 154) toward Renton/Bellevue
- Take the NE 8th St. exit (No. 13B)
- Take the NE 8th St. West ramp
- Merge onto NE 8th St.
- Turn right onto 112th Ave NE.

Directions to Bellevue Commons from I-5 South toward Bellevue:

- Merge onto I-405 S via exit (No. 182) toward Renton/Bellevue
- Take the NE 8th St. East/West exit (No. 13)
- Take the NE 8th St. West ramp
- Merge onto NE 8th St.
- Turn right onto 112th Ave NE.