

# MINOR & JAMES MEDICAL



## Cheryl R. Jacobs, MD Internal Medicine

Minor & James Medical  
First Hill Medical Building  
515 Minor Avenue, Suite 300  
Seattle, WA 98104

Appointments Please Call:  
(206) 386-9505



## Cheryl R. Jacobs, MD Internal Medicine

Meet Dr. Jacobs on the Web:  
[http://minorandjames.com/our\\_physicians/  
internal\\_medicine/jacobs.htm](http://minorandjames.com/our_physicians/internal_medicine/jacobs.htm)

### Medical Specialty/Special Interest:

- Internal Medicine
- Group Medical Visits for Chronic Disease Management (i.e. Diabetes, Asthma)
- Preventive Health & Lifestyle Change

### Education:

- *Tufts University*, Medford, MA, Bachelor of Science, Biology, Cum Laude
- *Tufts University*, Boston, MA, Masters Public Health & Medical Doctor ~ 1994

### Residency/Fellowship:

- Internship, Internal Medicine & Primary Care, *University of Washington*, Seattle, WA
- Residency, Internal Medicine & Primary Care, *University of Washington*, Seattle, WA

### Certification/Licensure:

- American Board of Internal Medicine
- Washington State Medical License

### Associations/Honors/Awards:

- King County Medical Society
- Washington State Medical Association
- Co-Coordinator of Regional AMSA Convention
- MPH Student Representative, *Tufts University*, Boston, MA
- Health Sciences Interdisciplinary Clinical Education Committee, Harborview Medical Center, Seattle, WA
- Clinical Competency Committee, *University of Washington*, Seattle, WA
- Co-Chair of Seattle Women's Seder, National Council of Jewish Women, Young Women's Council, Seattle, WA
- Board Member, *University of Washington Hillel*, Seattle, WA
- Pharmacy and Therapeutics and Blood Utilization Committee, Northwest Hospital, Seattle, WA
- Recipient, Tufts Medical Alumni Association Scholarship

### Hospital Privileges:

- Swedish Medical Center, Seattle, WA

### Professional Experience:

- Internal Medicine, Minor & James Medical, Seattle, WA 2006 ~ present
- Internal Medicine, Various Locum Tenens, Seattle, WA 1999 ~ 2006
- Primary Care, Northwest Primary Care, Seattle, WA 1999 ~ 2000
- Acting Instructor & Ambulatory Chief Resident, Harborview Medical Center, *University of Washington School of Medicine*, Seattle, WA 1997 ~ 1998
- Instructor, Advanced Cardiac Life Support (ACLS) Course, Harborview Medical Center, *University of Washington School of Medicine*, Seattle, WA 1998
- Instructor, First Year Problem Based Learning Course, *Tufts University School of Medicine*, Boston, MA 1993

### Patient/Physician Philosophy:

My joy and foundation of caring for people rests in the formation of strong, collaborative relationships with patients built over time and based on easy, honest and open communication. I strive to understand and meet people where they are in addressing their health issues. My goals are to educate, support and empower individuals in their pursuit of health and wellness. I hope to help people flourish and create more wholeness in their lives.

### Personal Interests:

I thrive on riding my bike, practicing meditation and yoga, cooking, putting in my garden and spending time with my husband Andy and my goofy dogs Kosmo and Rosco.

### Why Minor & James Medical:

For me Minor & James Medical represents a community committed to quality at all levels of caring for patients while embracing change and innovation with integrity and grace.

Visit our Web site for  
address and driving directions:  
[www.minorandjames.com](http://www.minorandjames.com)



**First Hill Medical Building**  
515 Minor Avenue  
Seattle, WA 98104

**Directions to First Hill Medical Building from I-5 North toward Seattle:**

- Take the Dearborn St./James St. exit (No. 164A) toward Madison St.
- Take the James St. exit
- Turn right onto James St.
- Turn right onto Minor Ave.

**Directions to First Hill Medical Building from I-5 South toward Seattle:**

- Take the James/Madison St. exit (No. 165A) toward James St.
- Continue straight to go onto 6th Ave.
- Turn left onto James St.
- Turn right onto Minor Ave.