

MINOR & JAMES MEDICAL



Rebecca Ruud, MD, FACP Internal Medicine

Minor & James Medical
Bellevue Commons
1200 112th Avenue NE, Suite B250
Bellevue, WA 98004

Appointments Please Call:
(425) 462-1132



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Meet Dr. Ruud on the Web:

[http://minorandjames.com/our_physicians/
internal_medicine/ruud.htm](http://minorandjames.com/our_physicians/internal_medicine/ruud.htm)

Medical Specialty/Special Interest:

- Internal Medicine
- Preventative Medicine
- Women's Health

Education:

- University of Washington, Seattle, WA,
Bachelor of Science ~ 1988
- University of Washington, Seattle, WA,
Doctor of Medicine ~ 1993

Residency/Fellowship:

- Internship, Internal Medicine, Virginia
Mason Medical Center, Seattle, WA
- Residency, Internal Medicine, Virginia
Mason Medical Center, Seattle, WA

Certification/Licensure:

- State of Washington Medical License
- American Board of Internal Medicine,
Internal Medicine

Associations/Honors/Awards:

- King County Medical Society
- Washington State Medical Association
- Fellow of American College of Physicians
(ACP)
- Treasurer Washington Chapter ACP
- America's Best Doctors 2001-2009
- Seattle's Best Doctors 2002, 2003
- Community Based Teaching Award 2000
- Clinical Instructor University of Washington
Medical School

Hospital Privileges:

- Swedish Medical Center, Seattle, WA

Professional Experience:

- Internist, Minor & James Medical, Seattle,
WA ~ 2009 - Present
- Internist, Medical Arts Group of Issaquah,
Issaquah, WA ~ 2005 - 2009
- Attending Internist, Virginia Mason Medical
Center, Seattle, WA ~ 1996-2005

Patient/Physician Philosophy:

I feel my role as a primary care physician includes collaborating with my patients to make educated choices about their health concerns and prevention of disease. I also enjoy getting to know my patients and learning about other things in their lives that can often affect health and well being both positively and negatively!

Personal Interests:

I enjoy spending time with my husband, two daughters and son. I enjoy traveling, skiing, reading, and my pets. I am active with the American College of Physicians Washington Chapter and enjoy teaching medical students and residents whenever possible.

Why Minor & James Medical:

I joined Minor & James due to its reputation in having superb multi-disciplinary clinicians and a very collegial feel. I have been impressed with their commitment to quality and evidence-based medicine. It is an exciting time to join and expand the Bellevue Clinic!

Visit our Web site for
address and driving directions:
www.minorandjames.com



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Directions to Bellevue Commons from I-5 North toward Bellevue:

- Merge onto I-405 N via exit (No. 154) toward Renton/Bellevue
- Take the NE 8th St. exit (No. 13B)
- Take the NE 8th St. West ramp
- Merge onto NE 8th St.
- Turn right onto 112th Ave NE.

Directions to Bellevue Commons from I-5 South toward Bellevue:

- Merge onto I-405 S via exit (No. 182) toward Renton/Bellevue
- Take the NE 8th St. East/West exit (No. 13)
- Take the NE 8th St. West ramp
- Merge onto NE 8th St.
- Turn right onto 112th Ave NE.