

# MINOR & JAMES MEDICAL



**Paul B. Sytman, MD**  
Internal Medicine

Mercer Island Clinic of Medicine  
3236 78th Ave S.E., Suite 200  
Mercer Island, WA 98040

*Appointments Please Call: (206) 275-5060*



## **Paul B. Sytman, MD** Internal Medicine

*Meet Dr. Sytman on the Web:*

*[http://minorandjames.com/our\\_physicians/  
internal\\_medicine/sytman.htm](http://minorandjames.com/our_physicians/internal_medicine/sytman.htm)*

### **Medical Specialty/Special Interest:**

- Internal Medicine

### **Education:**

- *Reed College*, Portland, OR, Bachelor of Arts, Biology
- *University of Washington School of Medicine*, Seattle, WA, Medical Doctor ~ 1990

### **Residency/Fellowship:**

- Residency, Internal Medicine, Mount Sinai Medical Center, New York, NY

### **Certification/Licensure:**

- American Board of Internal Medicine
- State of Washington Medical License

### **Associations/Honors:**

- King County Medical Society
- Washington State Medical Association

### **Hospital Privileges:**

- Swedish Medical Center, Seattle, WA

### **Professional Experience:**

- Internal Medicine, Minor & James Medical, Seattle, WA 1993 ~ present
- Molecular Biology Institute, *UCLA*, Los Angeles, CA 1985 ~ 1986
- Fred Hutchinson Cancer Research Center, Seattle, WA 1984 ~ 1985

### **Patient/Physician Philosophy:**

The practice of medicine is truly a labor of love and an awesome responsibility and privilege. I work with each of my patients to identify their unique strengths and challenges. Then, working together as partners, we formulate an individual plan to maintain and improve their health. I look forward to seeing you!

### **Personal Interests:**

I am interested in the screening and treatment for common health issues including high blood pressure, diabetes, arthritis, anxiety, depression and other conditions. I am also passionate about the assessment of risk for heart disease, stroke and cancer. Geriatric care is also something I am interested in.

### **Why Minor & James Medical:**

I work with an outstanding group of internists and sub-specialists. I have full confidence in my partners. We provide personalized, up-to-date care of the highest quality.

---

Visit our Web site for  
address and driving directions:  
[www.minorandjames.com](http://www.minorandjames.com)



### **Directions to Mercer Island Clinic from I-90 West toward Seattle:**

- Take the Island Crest Way exit (No. 7)
- Turn left onto Island Crest Way
- Turn right onto SE 28th St.
- Turn left onto 78th Ave SE

### **Directions to Mercer Island Clinic from I-90 East from Seattle:**

- Take the Island Crest Way exit (No. 7B)
- Turn right onto SE 30th St.
- Turn left onto 78th Ave SE

### **Mercer Island Clinic of Medicine**

3236 78th Ave S.E., Suite 200  
Mercer Island, WA 98040